

Social Contexts - Realization

Socio-emotional development level equivalent to 7 - 12 years of age

Typical Socio-Emotional Capacities

- Clients are less dependent on the approval of peers and attachment figures
- Clients are able to adapt familiar interaction patterns to new situations
- Clients can handle social situations and contexts that are new but similar to familiar ones independently
- Clients are able to switch between different social roles
- Clients are able to assess their performance and abilities realistically
- Clients are able to follow rules of social behaviour even when exposed to strong triggers and/or no authority figure is present
- Clients have developed a moral frame of reference and try to rectify mistakes and make amends when they've done something wrong
- Clients are able to empathize and take others' needs into consideration
- Clients can handle the demands of working in a sheltered workshop

Typical Socio-Emotional Needs

- Clients want to live independently to meet their self-image
- Clients want to assert their independence from authority figures
- Clients look to the peer group as their main social frame of reference
- Clients want to identify and apply rules
- Clients question whether rules are fair and consistent and may challenge them by means of deliberate provocation
- Clients strive to be effective and creative in dealing with the material world
- Clients are eager to relate their accomplishments and abilities and how they compare to others (faster, better, farther etc.)
- Clients want to spend time with peers without supervision
- Clients are increasingly interested in their sexuality and having (sexual) relationships
- Clients derive self-esteem and a sense of achievement when they can make their own choices

Examples of Typical Maladaptive Behaviour

- Clients may have little self-control and tend to overestimate their abilities
- Clients may have repeated conflicts with authorities
- Clients often know specific rules down to the letter, but may be unable to see the complete picture
- Clients may escape into a fantasy world or virtual realities
- Clients may lack self-confidence
- Clients may regress to SEO Levels 4 or 3
- Clients may develop psychiatric disorders
- Clients may express emotional distress through somatic complaints
- Clients may lack interest in interacting with peers
- Clients may develop addictions (nicotine, food, alcohol, drugs)
- Clients may show delinquent behaviour (e.g. stealing, sexual assaults, antisocial behaviour)